LONG DEBORAH J

Form 4

February 13, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Last)

(Print or Type Responses)

may continue.

1. Name and Address of Reporting Person * LONG DEBORAH J

2. Issuer Name and Ticker or Trading Symbol

PROTECTIVE LIFE CORP [PL]

5. Relationship of Reporting Person(s) to

Issuer

(Middle)

(Check all applicable)

2801 HIGHWAY 280 SOUTH

(First)

3. Date of Earliest Transaction (Month/Day/Year)

02/09/2006

Director 10% Owner _ Other (specify _X__ Officer (give title

below)

below) Sr. VP

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

BIRMINGHAM, AL 35223

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/09/2006		Code V M	Amount 15,000	(D)	Price \$ 17.4375	16,000	D	
Common Stock	02/09/2006		D	5,417	D	\$ 48.29	10,583	D	
Common Stock	02/09/2006		F	3,083	D	\$ 48.29	7,500	D	
Common Stock	02/09/2006		S	1,035	D	\$ 48.29	6,465	D (1)	
Common Stock							2,956.0663	I	By 401(k) (2)

Deferred Common 48,215.6194 I Compensation Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		Amount of Underlying		8. Pri Deriv Secur (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
SAR 1 (4)	\$ 17.4375	02/09/2006		M	15,000	08/15/2001	08/15/2006	SAR	15,000	\$
SAR 06 (5)	\$ 41.05					03/04/2006	03/04/2015	SAR	2,800	
SAR 4 (6)	\$ 32					03/04/2007	03/04/2012	SAR	15,000	
SAR 6	\$ 22.31					07/21/2004	03/06/2010	SAR	17,962	

Reporting Owners

Reporting Owner Name / Address	Relationships						
•	Director	10% Owner	Officer	Other			
LONG DEBORAH J 2801 HIGHWAY 280 SOUTH BIRMINGHAM, AL 35223			Sr. VP				
Signatures							
By: by Harriette Hyche Attorney-in-Fact for	02/13/2006						
**Signature of Reporting Person			Date				

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Deemed sale of shares upon SAR exercise to pay excess withholding taxes.
- (2) Total shares held by reporting person in PLC's 401(k) & Stock Ownership Plan as of 2/1/06.
- (3) Shares acquired through PLC Def. Comp. Plan for Officers of the Corporation (exempt under Rule 16b-3) and to report corrected dividends (exempt under Rule 16a-11).
- (4) Previously reported Stock Appreciation Right (SAR).
- (5) Previously reported Stock Appreciation Right (SAR).
- (6) Previously reported Stock Appreciation Right (SAR).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.