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OWENS & MII Form 4 February 05, 20		./								
February 05, 2010 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									PPROVAL 3235-0287 January 31, 2005 average Jrs per . 0.5	
(Print or Type Resp	ponses)									
1. Name and Address of Reporting Person <u>*</u> FOGG RICHARD E			Symbol	er Name an IS & MIN		Trading /VA/ [OM	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) 9120 LOCKWOOD BLVD.			3. Date of	of Earliest T Day/Year)			(Check all applicable) <u>X</u> Director Officer (give title 10% Owner below) Other (specify below)			
(Street) MECHANICSVILLE, VA 23116			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Securities A	Person	of. or Beneficia	llv Owned	
	Transaction Date onth/Day/Year)	2A. Deemo Execution any (Month/Da	ed Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit nAcquired Disposed (Instr. 3, 4	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Reminder: Report	on a separate line	e for each cl	ass of sec	urities bene	Perso inform requir	ns who res nation cont ed to resp lys a curre	or indirectly. spond to the colle lained in this forn ond unless the fo ntly valid OMB co	n are not orm	SEC 1474 (9-02)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	;		(Instr. 5)

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	Derivative Security				Secu Acqu (A) o Disp of (D (Inst: 4, an	or osed)) r. 3,					
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	02/03/2010	А		83		<u>(1)</u>	(1)	Common Stock	83	\$ 42.08
Phantom Stock	<u>(1)</u>	02/04/2010	А		48		<u>(1)</u>	(1)	Common Stock	48	\$ 41.97

Reporting Owners

Reporting Owner Name / Address	Relationships							
, e	Director	10% Owner	Officer	Other				
FOGG RICHARD E 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Х							
Signatures								
Richard E. Fogg by Rosemarie France								
POA		02/05/2	2010					
<pre>**Signature of Reporting Person</pre>		Dat	e					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the
 (1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c) termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.