ESSEX PROPERTY TRUST INC

Form 4 May 13, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average

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OMB APPROVAL

response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Dance Michael T

2. Issuer Name and Ticker or Trading

Symbol

5. Relationship of Reporting Person(s) to Issuer

ESSEX PROPERTY TRUST INC [ESS]

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

X_ Officer (give title below)

10% Owner Other (specify

05/12/2008

(Zip)

EVP & CFO

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Director

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

C/O ESSEX PROPERTY TRUST. INC., 925 EAST MEADOW DRIVE (Street)

(State)

PALO ALTO, CA 94303

(City)

(City)	(State)	(Zip) Tal	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of				
Security	(Month/Day/Year)	Execution Date, if	Transactio	on(A) or Disposed of (D)	Securities	Ownership	Indirect				

(Instr. 3)		any Code (Instr. 3, 4 and 5) (Month/Day/Year) (Instr. 8) (A) or		5)	Beneficially Form: Direct Owned (D) or Following Indirect (I) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)		Beneficial Ownership (Instr. 4)		
			Code V	Amount	(D)	Price	(Ilisti. 3 and 4)		
Common Stock	05/12/2008		M	900	A	\$ 72.7	1,900	D	
Common Stock	05/12/2008		S	900	D	\$ 120.11	1,000	D	
Common Stock	05/12/2008		M	1,000	A	\$ 72.7	2,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option - Right to Purchase	\$ 72.7	05/12/2008		M	900	<u>(1)</u>	02/22/2015	Common Stock	900	
Employee Stock Option - Right to Purchase	\$ 72.7	05/12/2008		M	1,000	<u>(1)</u>	02/22/2015	Common Stock	1,000	

Reporting Owners

Reporting Owner Name / Address	Relationships					
•	D:	1007 0	Off:	Othor		

virector 10% Owner Officer Other

Dance Michael T

C/O ESSEX PROPERTY TRUST, INC. 925 EAST MEADOW DRIVE

EVP & CFO

PALO ALTO, CA 94303

Signatures

Michael T. 05/13/2008 Dance

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 1) 20% of these options vested Februay 22, 2006 and thereafter 1/60 of the options vest each month.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.